



August 2018 - Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Breakfast

MENUS ARE SUBJECT TO CHANGE

		8-1 ★ French Toast Trio V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	8-2 ★ Crunchy Cereal V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-3 ★ Fiesta Bean & Cheese Burrito V ★ Fruit- S ★ Fruit Juice ★ Got Milk
8-6 ★ French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-7 ★ Fiesta Bean & Cheese Burrito V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	8-8 ★ Egg, Cheese & Turkey Sausage Wrap ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-9 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-10 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
8-13 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-14 ★ Crunchy Cereal with String Cheese V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-15 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-16 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-17 ★ Grape Crescent - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
8-20 ★ Crunchy Cereal with Yogurt V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-21 ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-22 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-23 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-24 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
8-27 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-28 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-29 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-30 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-31 ★ Bagel with Cream Cheese - V ★ Fruit- S ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit
S: Items with an (S) can be saved for later **V**: Vegetarian items