	C A F E C A F E C A F E C A F E	Aug			1enus
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Grades 9-12 Breakfast MENUS ARE SUBJECT TO CHANGE				
			8-1 ★ French Toast Trio V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	8-2 ★ Crunchy Cereal V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-3 ★ Fiesta Bean & Cheese Burrito V ★ Fruit- S ★ Fruit Juice ★ Got Milk
	8-6 ★ French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-7 ★ Fiesta Bean & Cheese Burrito V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	8-8 ★ Egg, Cheese & Turkey Sausage Wrap ★ Fruit – S ★ Fruit Juice ★ Got Milk	8-9 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-10 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
00 0	8-13 ★ Cinnamony Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-14 ★ Crunchy Cereal with String Cheese V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-15 ★ Fiesta Bean & Cheese Burrito V ★ Fruit – S ★ Fruit Juice ★ Got Milk	8-16 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-17 ★ Grape Crescent – V ★ Fruit- S ★ Fruit Juice ★ Got Milk
1	8-20 ★ Crunchy Cereal with Yogurt ♥ ★ Fruit- \$ ★ Fruit Juice ★ Got Milk	8-21 ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-22 ★ Cinnamony Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-23 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-24 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
The second	8-27 ★ Cinnamony Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-28 ★ Morning Beef Sausage Sandwich ★ Fruit- \$ ★ Fruit Juice ★ Got Milk	8-29 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	8-30 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	8-31 ★ Bagel with Cream Cheese - V ★ Fruit- S ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are whole grain. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

 \star : For a reimbursable meal, pick at least 3 \star 's. **One** \star must be a fruit **S**: Items with an (**S**) can be saved for later **V**: Vegetarian items

Visit us @ http://achieve.lausd.net/cafela

2

For more information call (213) 241-6422

This Institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades.